## THE INSIGHT & INTUITION UNFOLDMENT PROGRAMME

## WITH JULIE SOSKIN

October 10th & 11th 2015 £159 10.30ам – 4.30рм.

## **CENTRAL ENGLAND HOLISTIC THERAPIES** 240 Alcester Road South, Kings Heath Birmingham B14 6DR

This step-by-step course offers important skills for any area of life and living as well as a rigorous grounding for any psycho-spiritual work. Unfoldment enhances knowledge of self, understanding and working with different levels of subtle energies. Contents include: Experiential exercises for enhancing intuition, and techniques for optimum use of energies to promote well-being, raising consciousness and attunement to spiritual forces.



Julie is a sensitive, teacher and author of nine published books and has worked in the field of psycho-spiritual studies, for thirty years. In 1996 Julie founded the School of Insight and Intuition in London where she created the accredited 'Psycho-spiritual Unfoldment Programme',

this has been implemented in colleges and universities around the UK and internationally.

To book email: julie@juliesoskin.com